

MAY 2010

# Pulse

THE MEDICAL STAFF NEWSLETTER OF WATERBURY HOSPITAL



## Alliance Medical Group and Waterbury Hospital: An Important Bond Positions Us for the Future

ABOVE:  
The newest additions to the surgical team at Alliance Medical Group are three of the most highly respected general surgeons in the region. From left: **Jayakara Shetty, MD**; **David Knight, MD**; and **John Mazzucco, MD**.



A MESSAGE FROM  
**STEVEN E. SCHNEIDER, MD**  
Vice President of Medical Affairs

The Alliance Medical Group (AMG), the Middlebury-based medical practice that has long been affiliated with Waterbury Hospital, is rapidly becoming one of the larger multi-specialty practices in Connecticut as both AMG and the hospital position themselves to keep up with fast-moving trends in modern health care. As is the case with health care providers across the country, there are many factors that make it beneficial for Waterbury Hospital to align itself closer to a large practice such as AMG, including:

- The growing demand on the part of insurers and consumers for comprehensive, coordinated and cost-efficient care, a demand that becomes much easier to meet with close collaboration between hospitals and large practices.
- Increasing regulatory requirements, such as the mandate for use of electronic medical records in physician offices by 2014, make it difficult for physicians to comply on their own.
- Growing financial incentives for successful disease management over a sustained period, rather than simply payments for episodes of care, require close collaboration between physicians and hospitals.



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# Alliance Medical Group and Waterbury Hospital:

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Because of factors such as these, AMG is now playing an increasingly significant role in the long-term strategic plan of Waterbury Hospital. We recognize this kind of close collaboration as a nationwide trend which must be capitalized upon in order to ensure our future success.

AMG's physician staff now encompasses nearly 100 doctors in total. We are very excited to announce that the staff has recently grown to include three of the Greater Waterbury region's very prominent and accomplished general surgeons – **David C. Knight, MD; John J. Mazzucco, MD;** and **Jayakara Shetty, MD**. We are also very proud to welcome three additional new internal medicine specialists to AMG – **Joycelyn Maw, MD; Michael Harma, MD;** and **Jonathan Parkhurst, MD**. This expansion is another step in growing AMG into one of the largest physician practices in the state.

As many national health care experts have noted, the average size of a typical physician practice in the United States is now somewhere between 150 and 200 physicians, which is a staggeringly large figure for tradition-bound New England, where practices have for decades seldom exceeded four or five practitioners. Because of the changing nature of health care, the very small practices that routinely dot the small towns and cities of our state are fast becoming anachronisms which will struggle to cope with the challenges ahead. To better meet the skyrocketing costs and resources required to meet patient, government and payor expectations, practices need to be larger and more diverse in terms of specialties in order to thrive.

**Jeffrey Kramer**, Director of the Department of Programs in Healthcare and Insurance Studies at the University of Connecticut, said Connecticut has been slow to adapt to the growing national trend in which physicians are affiliating themselves with larger practices.

"Practices are growing for a number of reasons, mostly because it's more efficient in terms of managing risk and meeting increasingly challenging technology demands and regulatory and public demands for quality care," Kramer said. "Historically Connecticut has been less than enthusiastic about larger group practices, but that's beginning to change."

By affiliating with Alliance, physicians are now free to focus more of their time on caring for patients instead of trying to meet a growing amount of regulatory demands from the state and federal government.

"Joining Alliance was an opportunity for me to refocus my practice on what I enjoy doing – taking care of patients and teaching – and spend less time on what was becoming an overwhelming administrative burden involved in running a private practice," Dr. Knight said.

In the process, these physicians add to Alliance's reputation as a home for some of the state's finest and most accomplished practitioners. Check out the full list of Alliance physicians and practitioners in this issue, and you will agree that, in terms of quality and expertise, it's a lineup that's hard to beat.



Steven E. Schneider, MD  
Vice President of Medical Affairs

# An Important

A LISTING OF PHYSICIANS, SPECIALTIES

## MIDDLEBURY Middlebury Edge

1625 Straits Turnpike  
Middlebury, CT 06762-1836  
(203) 759-0666

### Internal Medicine

Suite 302  
Phone: (203) 758-8107

- Michael Harma, MD
- Joycelyn Maw, MD
- Jonathan Parkhurst, MD
- Shirley Samy, APRN
- Matthew Velmsid, MD

### Surgery

Suite 306  
Phone: (203) 568-2929

- David Knight, MD
- Scott Kurtzman, MD
- John Mazzucco, MD
- Jayakara Shetty, MD
- Shawna Badgley, PA

### Vascular Surgery

- Jonathan Hasson, MD



BELOW: The Alliance Medical Group surgical team, clockwise from top: general surgeon **Scott Kurtzman, MD;** general surgeon **Jayakara Shetty, MD;** surgical physician assistant **Shawna Badgley, PA;** vascular surgeon **Jonathan Hasson, MD;** general surgeon **John Mazzucco, MD;** and general surgeon **David Knight, MD.**

# Partnership



AND CONTACT INFORMATION FOR ALLIANCE MEDICAL GROUP.

## Pediatrics

Suite 302  
Phone: (203) 759-0666

- Farah Choudhry, MD
- Jenny Hwang, MD
- Nicholas Mascoli, Jr., MD
- Linda Thomas Mathew, MD
- Kweku Sam, Jr., MD
- Pamela Udomprasert, MD
- Jill Zabit, APRN

## Endocrinology

Suite 302  
Phone: (203) 758-1004

- Mehtap Berkmen, MD
- Maria Olga Cardenas, MD
- Patricia Casey, MSN, APRN, BE
- Deana Boucher, RD, CDE

## Pulmonary

Suite 302  
Phone: (203) 758-1004

- Jo-anne Cosgriff, MD, MPH
- Jock Lawrason, MD, FCCP

## Rheumatology

Suite 301  
Phone: (203) 573-7281

- Jane Cooper, MD
- Beatrice Memet, MD
- David Podell, MD

## Sleep Medicine

Suite 305  
Phone: (203) 598-7399

- Jay Kenkare, MD

## WOODBURY

### Internal Medicine

40 Main St. North, Woodbury CT 06798  
Phone: (203) 266-0080

- Charles McNair, Jr., MD

## NAUGATUCK

### Internal Medicine

305 Church St., Naugatuck CT 06770  
Phone: (203) 729-6641

- J. Michael Elser, MD
- Adriana Ghisa, MD
- Kenneth Newton, MD

## Infectious Disease/ Travel

140 Grandview Ave.  
Suite LO-1 and LO-6  
Waterbury CT 06708  
Phone: (203) 574-4187

- Steven Aronin, MD, Chief of Infectious Disease Section
- Lydia Barakat, MD
- Ernesto Montesino, MD
- Linda Sapio-Longo, APRN

## Chase Clinic

160 Robbins St., Waterbury CT 06721  
Phone: (203) 573-7284

- Daniel Tobin, MD, Medical Director of the Chase Clinic
- William Becker, MD
- Auguste Fortin, MD
- Michael Green, MD
- Stephen Holt, MD
- Stephen Huot, MD
- Julie Rosenbaum, MD
- Majid Sadigh, MD
- Lisa Sanders, MD
- Andre Sofair, MD
- Jeanette Tetrault, MD
- Donna Windish, MD



ABOVE: Members of the pediatric team at Alliance Medical Group, from left: **Linda Mathew, MD**; **Jill Zabit, APRN**; **Farah Choudhry, MD**; **Kweku Sam, Jr., MD**; and **Nicholas Mascoli, Jr., MD**



LEFT: Members of the internal medicine team at Alliance Medical Group, back row, from left: **Jonathan Parkhurst, MD**; **Charles McNair, Jr., MD**; **Shirley Samy, APRN**; and **Michael Harma, MD**; front row, from left: **Kenneth Newton, MD**; **Matthew Velsmid, MD**; **J. Michael Elser, MD**; **Joycelyn Maw, MD**; and **Adriana Ghisa, MD**

# An Important Partnership

## Pulse

**Alliance Medical Group also  
staffs the following departments  
at Waterbury Hospital:**

### Orthopaedic Physician Assistants

- Joan Doback, PA, Chief of Orthopaedic PAs
- Christine Dunbar, PA
- Zachary Feldman, PA
- Stacy Holtz, PA
- Alan Houle, PA
- Stephen Kaufmann, PA
- Juliet Rivera, PA
- Michael Turk, PA
- Lisa Warych, PA

## Pulse

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### Hospitalists

- Rachel Lovins, MD,  
Director of the Hospitalist Department
- Pranay Bahuguna, MD
- Deborah Casey, MD
- Shiven Chabria, MD
- Ayesha Chaudhry, MD
- Geoffrey Ferrucci, PA
- Gangu Geetha, MD
- Karl Hartmann, MD
- Paul Harvill, MD
- Corinne Kalser, MD
- Stephanie Kunkel, PA
- Himlal Lal, MD
- Jonica Pagnucco, PA
- Lynn Phillips, MD
- Sabra Rabinko, PA
- Jorge Ramos, MD
- MacKenzie Smith, MD
- Cristina Tamasdan, MD
- Deepak Thomas, MD
- Arshwinder Sohi, MD
- Christopher Watts, MD
- Leor Zedek, MD

### Emergency Medicine

- Christopher Michos, MD,  
Chairman of the  
Emergency Department
- Marissa Almeida, PA
- Lynn Baylis, PA
- Jo-Nell Benedetto, MD
- Justin Cheesman, MD
- Peter Cuniowski, MD
- Julia D'Alo, MD
- Mohammad Dbeisi, MD
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- Noelle Noah, PA
- Robert Rohatsch, MD
- Jennifer Sanders, MD
- James Santacroce, MD
- Ashley Saunders, PA
- Bernd Woerner, MD

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**WATERBURY  
HOSPITAL**

