

# Pulse

**THE MEDICAL STAFF NEWSLETTER OF WATERBURY HOSPITAL**



**A MESSAGE FROM  
STEVEN E. SCHNEIDER, MD**  
Vice President  
of Medical Affairs

**ABOVE RIGHT:** John Tobin, President and CEO (pictured far right), presents **Kristaps J. Keggi, MD**, with the HealthGrades® 2008 Joint Replacement Excellence Award. Waterbury Hospital was recently named the #1 hospital in Connecticut for Joint Replacement surgery in 2008. Keggi is the Director of Waterbury Hospital's Joint Replacement Center.



## CONGRATULATIONS!

**WATERBURY HOSPITAL #1 HOSPITAL IN CT FOR JOINT REPLACEMENT SURGERY IN 2008, ACCORDING TO HEALTHGRADES®**

As many of you are aware, HealthGrades® once again named Waterbury Hospital as the #1 Hospital in Connecticut for Joint Replacement surgery and the Top 5 % in the Nation for Joint Replacement surgery. This edition of Pulse is not only dedicated to our talented group of orthopaedic surgeons who perform these surgeries, but also collectively to our entire orthopaedic department, without whose high level of performance these accolades would not be possible.

I would like to extend my gratitude to all of you who are part of the Joint Replacement Center at Waterbury Hospital. The list of your accomplishments and outstanding outcomes are impressive, if not extraordinary. Here are just a few statistics offered to us by this objective organization that illustrate the additional phenomenal achievements that have occurred at Waterbury Hospital since 2005:

- **Top 5 in Connecticut for Overall Orthopaedic Services**
- **Top 10 in Connecticut for Spine Surgery**
- **Five-Star Rated for Joint Replacement**
- **Five-Star Rated for Total Knee Replacement**
- **Five-Star Rated for Total Hip Replacement**



I would particularly like to acknowledge **Kristaps J. Keggi, MD**, an internationally renowned pioneer in hip joint replacement, who is widely recognized for his development of the anterior minimally invasive approach to total hip joint replacement. Dr. Keggi's leadership in the field, and here at Waterbury Hospital has helped attract numerous outstanding joint replacement and orthopaedics surgeons. **John M. Keggi, MD** and **Robert "Ted" Kennon, MD**, for example, are the only two surgeons in the world performing the anterior approach





## IN THE SPOTLIGHT:

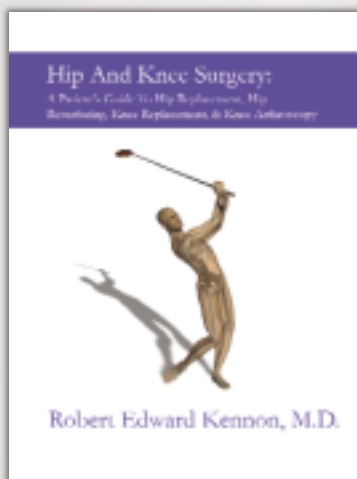
### Robert Edward "Ted" Kennon, MD



Robert Edward Kennon, MD recently published a book entitled, *Hip and Knee Surgery: A Patient's Guide to Hip Replacement, Hip Resurfacing, Knee Replacement, and Knee Arthroscopy*.

The book is organized into illustrated sections on hip and knee surgeries, nonoperative treatment options, information on surgical approaches and techniques (including minimally invasive surgery), implant materials and designs (such as ceramic versus metal bearings), and potential complications of surgery. Clear and informative chapters explain what to expect before, during and after hospitalization, including illustrated post-operative exercises and rehabilitation recommendations.

"As a surgeon, I have found that probably only 25 percent of my time is spent actually helping patients in the operating room," Kennon wrote in the book's forward. "The majority of my time is spent teaching patients about their health problems and options, both in the hospital and in the office, sketching diagrams at the bedside or in the exam room, and conveying information about their condition and options...the best patient outcomes occur when patients are both well-motivated to get better and have a good understanding of what to expect."



Dr. Kennon is a board-certified orthopaedic surgeon, who is fellow-trained in adult reconstruction and joint replacement surgery. He trained at Yale and Emory universities and also has a degree in mechanical engineering. Dr. Kennon joined the hospital staff at Waterbury Hospital in August 2004.

This 225-page book is available at Amazon.com, Barnes & Noble, Borders, at Dr. Kennon's office in Middlebury, and the Waterbury Hospital gift shop. Proceeds from books purchased at the hospital gift shop go to the Waterbury Hospital Auxiliary.

## Joint Replacement Center Named #1 in State; Top 5 % in Nation

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to the Birmingham Hip Replacement. **Michael J. Kaplan, MD**, has led the way with his minimally invasive approach to unicondylar arthroplasty in the knee. **William F. Flynn, MD**, is another outstanding orthopedic and joint replacement surgeon who trained at the prestigious Hospital for Special Surgery in New York. But this is only a small sampling of the extraordinary talent here at Waterbury Hospital.

This type of recognition could not be achieved without the numerous other contributors to our Orthopaedic Program. I would like to particularly recognize the critical roles played by our superb group of Physician Assistants led by **Joan Doback**, our in-patient nurses on Pomeroy 7, our Operating Room nurses, our excellent group of Anesthesiologists and our Physical Therapists. Without the contributions of this entire team, the level of excellence achieved by our Joint Replacement team would not be possible.

Another halo effect of the outstanding performance of the joint replacement program is that it enhances the Orthopaedic Program overall. These surgeons are, in large part, responsible for our ability to attract high-caliber practitioners to our community. The depth of our Orthopaedic Department is a major attribute of the hospital and also helps boost the overall quality and perception of Waterbury Hospital throughout the region.

These achievements continue to set the standard and the consistent superior outcomes have once again been validated in dramatic fashion by HealthGrades®. Again, I would like to extend my sincerest congratulations and appreciation to everyone for the roles they have played in earning this institution a #1 ranking. In the following pages, I will introduce you to and highlight the talented orthopaedic surgeons who are responsible for these tremendous accomplishments. Please join me in congratulating our Orthopaedic team and as always, I welcome your feedback.

Steven E. Schneider, MD  
Vice President of Medical Affairs



# ORTHOPAEDICS

## at Waterbury Hospital

Congratulations to the following surgeons, and the department as a whole, for attaining the #1 rating in Connecticut for Joint Replacement surgery in 2008 by HealthGrades.<sup>®</sup>



### PAUL J. BEAUVAIS, MD

60 Westwood Avenue, Suite 300  
Waterbury, CT 06708  
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**Medical School:** Columbia University  
**Residency:** Columbia Presbyterian Medical Center  
**Special Area of Expertise:** Sports Medicine; Joint Replacement



### PATRICK R. DUFFY, MD

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**Medical School:** George Washington University  
**Residency:** Yale University School of Medicine  
**Special Area of Expertise:** General Orthopaedics



### **RICHARD H. DYER, MD**

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Phone: (203) 755-0163  
Website: www.waterburyortho.com

**Medical School:** Cornell University Medical College  
**Residency:** University of Pennsylvania  
**Special Area of Expertise:** General Orthopaedics



### **ROBERT P. HENDRIKSON, MD**

Robert P. Hendrikson, MD, PC  
60 Westwood Avenue - Suite 300  
Waterbury, CT 06708  
Phone: (203) 755-9166

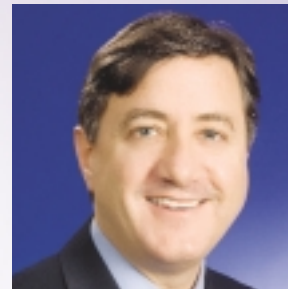
**Medical School:** Georgetown University Medical School  
**Residency:** Yale University School of Medicine  
**Fellowship:** New York University, Plastic and Reconstructive Surgery  
**Special Area of Expertise:** Hands; Upper Extremities



### **WILLIAM F. FLYNN, JR., MD**

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**Medical School:** Cornell University Medical College  
**Residency:** Hospital for Special Surgery  
**Special Area of Expertise:** Sports Medicine; Joint Reconstruction



### **MICHAEL J. KAPLAN, MD**

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**Medical School:** University of Vermont  
**Residency:** University of Vermont  
**Fellowship:** American Sports Medicine Institute, Sports Medicine  
**Special Area of Expertise:** Sports Medicine; Joint Replacement



## JOHN M. KEGGI, MD

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**Medical School:** University of Wisconsin  
**Residency:** Yale University School of Medicine  
**Fellowship:** Newington Children's Hospital,  
Pediatric Orthopaedics  
**Special Area of  
Expertise:** Joint Replacement



## ROBERT "TED" KENNON, MD

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**Medical School:** Emory University  
**Residency:** Yale University School of Medicine  
**Special Area of  
Expertise:** Joint Replacement



## KRISTAPS J. KEGGI, MD

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**Residency:** University of Pennsylvania  
**Special Area of  
Expertise:** Joint Replacement



Derek McMinn, MD, center, created the Birmingham Hip Replacement surgery that eases recovery in patients. The method is practiced by Robert "Ted" Kennon, MD, (left) and John M. Keggi, MD (right).



### **RICHARD E. LOYER, MD**

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**Medical School:** Wayne State University  
**Residency:** Wayne State University  
**Fellowship:** Newington Children's Hospital,  
Pediatric Orthopaedics  
**Special Area of  
Expertise:** General Orthopaedics



### **RICHARD A. MATZA, MD**

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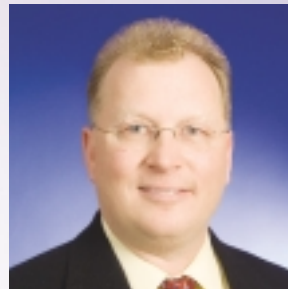
**Medical School:** Georgetown University Medical School  
**Residency:** Tufts University School of Medicine  
**Special Area of  
Expertise:** Reconstructive Joint Surgery;  
Hands; Sports Medicine



### **RICHARD MANZO, MD**

The Hand Center of Waterbury, LLC  
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**Medical School:** University of Connecticut  
**Residency:** University of Connecticut  
**Fellowships:** Tufts University School of Medicine,  
New England Baptist Hospital,  
Hands and Upper Extremities  
**Special Area of  
Expertise:** Hands; Wrists



### **ANDREW J. NELSON, MD**

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**Medical School:** Boston University School of Medicine  
**Residency:** Boston University  
**Fellowship:** Rhode Island Hospital, Hands  
and Upper Extremities  
**Special Area of  
Expertise:** Hands; Wrists



### **ERIC J. OLSON, MD**

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**Medical School:** Columbia University  
**Residency:** University of Pittsburgh  
**Fellowship:** University of Pittsburgh,  
Sports Medicine

**Special Area of Expertise:** Sports Medicine; Shoulders; Knees;  
Joint Replacement



### **DENNIS M. RODIN, MD**

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**Medical School:** Tufts School of Medicine  
**Residency:** Albert Einstein College of Medicine  
**Fellowship:** Nirschl Orthopaedic and Sports  
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**Special Area of Expertise:** Sports Medicine



### **CHARLES E. RAFTERY, MD**

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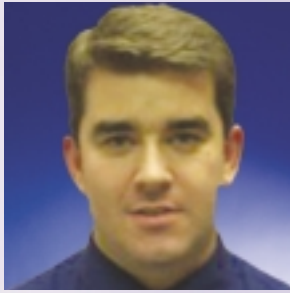
**Medical School:** University of Pittsburgh  
**Residency:** New York University  
**Fellowship:** New York University, Spinal Surgery  
**Special Area of Expertise:** Spines



### **GLENN G. TAYLOR, MD**

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**Medical School:** St. George's Hospital Medical School,  
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**Residency:** Yale University School of Medicine  
**Special Area of Expertise:** Spines



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**Fellowship:** Boston University Medical Center,  
Sports Medicine  
**Special Area of  
Expertise:** Sports Medicine;  
General Orthopaedics



## ROBERT WETMORE, MD

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## Pulse

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• **RSVP TO: 203.573.7587** •

THE COUNTRY CLUB OF WATERBURY

FRIDAY, MAY 16, 2008 • 5:30 PM - 8:30 PM

*Medical Staff Reception*  
*The Annual*

64 Robins Street  
Waterbury, CT 06708

**WATERBURY  
HOSPITAL**

